Completing Community Services Hours is a promotion requirement for all PGMS students. Students must complete 16 hours of community service by the Spring of their 8<sup>th</sup> grade year. Due to COVID the 2022 and 2023 8<sup>th</sup> grade classes, will only have to complete 12 hours. The 2024 class, will be required to complete 16. If you are a new to PGMS in your 8<sup>th</sup> grade year, you only have to complete half of the required hours. For this year, 2022, only 6 hours are required.

All community service hours must be completed through non-profit organizations. All events must be organized, not done solo. If you aren't sure if something qualifies for community service, please check with the PGMS office or counselor. Listen to the daily video bulletin for local events and opportunities offered throughout the year.

Prior to attending a community service activity:

- 1. Call, email or talk to the people in charge of the event to sign-up.
- 2. Pick-up a community service form from the office prior to the event and bring it with you. You can also print one from our website.
- 3. After the activity, have the supervisor sign your PGMS form.
- 4. Return the signed community service form to the PGMS office.

Ideas for Community Service Opportunities

- The Discovery Shop located in the Country Club Gate Shopping Center helps to raise funds for cancer research
- The aftercare programs at Forest Grove and Robert Down Elementary Schools they would be happy to have you volunteer even if you didn't attend either one
- Organized beach clean-ups (Save Our Shores, Surfrider Foundation, etc.)
- Planting native plants through the Return of the Natives organization.
- The Monterey Bay Aquarium
- School events at night and weekends during the school year (fund raisers, musical performances)
- Various run/walk races, handing out water, set-up, clean-up. i.e. The Together with Love Race, Monterey Bay Half Marathon, Big Sur Marathon. etc.
- The annual Butterfly Bazaar and Parade sign up to help with set-up, clean-up, and work in booths, etc. Sign-ups happen in school. This happens over two weekend days in October
- The Good Old Days. This occurs in PG in April over two weekend days. Similar to the Butterfly Bazaar
- PG Public library
- Any religious organization events i.e. iHelp, feeding the homeless
- Animal Friends Rescue Project AFRP
- Boy/girl scout community projects
- Local sporting events/games, i.e. working at the snack bar or coaching younger kids during practice

- Receive 5 hours of community service for being in the school musical
- Help a teacher after school.
- Volunteering at local festivals around the peninsula
- Chorus and musical performances performed in the community outside the school day. Check with your music teacher
- Elementary school evening activities, i.e. Ice cream social, Halloween games, Bingo Night, Movie Night
- Helping at PGHS after school events
- Monterey County Food Bank